

ASAP

“A Safety Awareness Program”



Spring 2011 Safety Plan

Exeter-West Greenwich Little League

League ID Number 239-03-03

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Policy Statement

The objective of the Exeter-West Greenwich Little League is to implant firmly in the children of the community the ideals of good sportsmanship honesty, loyalty, courage and respect for authority, so that they may be well adjusted, stronger and happier children, and will grow to be good, decent, healthy and trustworthy citizens.

The Exeter-West Greenwich Little League Board of Directors feels strongly about the safety and well being of each and every child participating in the league. Our philosophy is to provide a safe environment in which players can experience the fun of playing the game of baseball. The following is Exeter-West Greenwich Little League's Safety Plan. This plan is designed to address all aspects of creating a safe baseball atmosphere as dictated by the general safety provisions mandated by Little League International and the site specifics of Exeter-West Greenwich Little League. The plan is submitted to Little League International for Little League approval and is also published and distributed to each member of the Board of Directors, Team Managers, Coaches and Volunteers. The Safety Plan is also available for review on the EWGLL website at www.ewgll.org for review by EWGLL families, friends and the general public.

www.ewgll.org

Emergency Phone Numbers

1. Ambulance, Police and Fire Department

Dial 911 for all ambulance, police and fire emergencies

2. Board Members

<u>Name</u>	<u>Position</u>	<u>Home #</u>	<u>Cell #</u>
Jim Larisa	President	392-8431	480-1961
Wil Hernandez	Majors Vice President	294-5514	
Mark Pari	Secretary	294-8844	
Valerie Zuercher	Treasurer	294-3034	
Rick Lamoureux	Safety & Info Officer	392-0173	
Kerrie Larisa	Player Agent	392-8431	480-1646
Dave Fogerty	Umpire in Chief	397-7369	
Anthony Ventura	Sr/Jr/Big League VP	397-8112	
Bob Francouer	AAA Vice President	397-8590	
Charles Sernberger	AA Vice President	385-9348	
Bob Cinquegrana	A Vice President	397-3338	
Jon Sawyer	T-Ball Vice President	385-9181	
Rob Baccari	Equipment Manager	397-6494	

EWGLL Safety Plan

1. General Guidelines.

Exeter-West Greenwich Little League believes that safety is everyone's responsibility and that ongoing evaluation and education are the keys to preventing and eliminating accidents/injury as well as to minimize the potential for accidents/injury.

- Managers and coaches must report all hazardous conditions to the Exeter-West Greenwich Little League President, Safety Officer or other EWGLL Board Member immediately upon noting unsafe condition(s).
- Managers, Umpires and Coaches are required to walk fields prior to play and should not allow play on any field deemed unsafe.
- Managers should not allow their players to use any equipment that is deemed unsafe or in violation of Little League mandates. Defective equipment should not be used and the Equipment Manager, Rob Bacarri, should be notified immediately.
- Managers should make sure that their players are fully and properly equipped at all times, catchers/ protective gear, batters protective gear/bats. Protective cups are mandatory for catchers and should be worn by all players, especially infielders.
- Managers are required to conduct regular/consistent equipment evaluations as it relates to safety.
- Managers are required to instruct all players under their supervision of proper safety procedures and guidelines as dictated by Exeter-West Greenwich Little League as well as Little League International.
- All board members are responsible for ensuring that this safety plan is adhered to by league representatives.

2. League Safety Officer.

Each year, EWGLL is to elect a board member responsible for League Safety. It is the Safety Officer's responsibility to prepare a safety plan and ensure that all information regarding the safety procedures for all activities, equipment, and facilities are communicated and published to all members of our organization.

The 2011 Safety Officer is Rick Lamoureux. He can be reached at (401) 392-0173 and/or safetyinfoofficer@ewgll.org. He is on file with the Little League Headquarters as the league's Safety Officer.

3. Medical Emergencies.

A. Medical-Emergency Procedures.

Exeter-West Greenwich Little League provides all managers with their players' emergency medical information. Managers are required to keep the emergency medical information in their possession during all league activities. The Safety Officer is responsible for periodic random checks to ensure that proper medical release information is being maintained by team managers. Managers must notify a player's parents immediately if a medical emergency occurs in the event that the parents/guardians are not present. In the event of a medical emergency, managers, coaches or other parent volunteers should call 911 if immediate medical attention is deemed necessary.

B. First-aid kits.

The league provides all managers with first-aid kits and cold packs. In addition, first-aid kits and cold packs are stored in concession stand. Managers are required to have first-aid kits at each game and practice.

C. First-aid training.

First-aid training is provided for managers and coaches, at least one coach or manager from each team must attend annually. The training date, location, and attendance are documented by the league. All managers and coaches are required to attend first-aid training. Managers and coaches must attend at least one first aid clinic every three years.

The first-aid clinic for the 2011 Season will be held on March 20th at the West Greenwich Town Hall during our mandatory meeting for coaches in March.

D. Injuries.

In the event of an injury, managers must contact the league Safety Officer and the Player Agent in person, by phone, or by e-mail (safetyinfoofficer@ewgll.org) within 24 hours.

Managers must submit a Little League Baseball Incident/Injury Tracking Report to the safety officer. A copy of the Little League Baseball Incident/Injury Tracking Report is contained in the appendix to this plan.

Managers or the EWGLL Safety Officer are to provide any injured player a copy of the Little League Baseball Accident Notification Form should the player wish to file an insurance claim with Little League Baseball. A copy of the Little League Baseball Accident Notification Form is contained in the appendix to this plan.

All injuries reported to the league are documented and reviewed by the Safety Officer.

The Safety Officer is responsible for ensuring that all the necessary forms, including insurance and injury reports, are distributed and completed.

E. Managers' Safety equipment check before each game.

- First-Aid Kit.
- Emergency medical information/Medical Release forms.
- Ice packs for injuries.
- Safety Plan.
- Injury report and insurance forms.

4. Fundamentals training.

Managers/Coaches Clinics are held at the start of each season to address safety procedures, rules, and fundamental training (i.e. pitching, fielding, sliding, and hitting). Emphasis is placed on the importance of Equipment Safety to include; Bat Safety, Helmet Safety, Proper Catcher's gear and how to properly inspect the aforementioned equipment. The training date, location, and attendance are documented by the league.

Managers and coaches are encouraged to communicate with the player agent and safety officer throughout the season regarding any known safety violations or concerns.

Managers and coaches are required to check the concession stand first aid kit before each game to make sure they are properly equipped.

All managers and coaches are required to attend fundamentals and First Aid training, with at least one coach or manager from each team in attendance annually. Managers and coaches must also attend at least one instructional clinic every three years. Managers and coaches are encouraged to pass the fundamentals training on to their players/parents at practices.

The clinic will be conducted by Umpire in Chief David Fogarty, Safety Officer Rick Lamoureux and Mark Cahill from the Rhode Island Baseball Institute. The fundamentals clinic for managers and coaches will be held on April 2, 2011 at the Exeter-West Greenwich Little League Complex. President Jim Larisa and EWGLL Safety Officer Rick Lamoureux and Umpire in Chief Dave Fogarty will provide specific training regarding Safety including but not limited to background checks, medical emergencies and general safety practices with regard to player supervision and practice/game safety expectations. Mark Cahill will cover practice agenda's, player development and other teaching techniques.

5. Equipment.

A. Distribution.

The League Equipment Manager is responsible for inventorying and inspecting existing equipment, replacing equipment as needed, and ordering new equipment, subject to approval by the Board of Directors. All equipment purchases are required to meet Little League safety standards.

The EWGLL Equipment Manager for 2011 is Rob Bacarri. All teams are issued two full sets of catcher's gear, which includes helmets, masks, throat protectors, shin guards, and long-model chest protectors. Little League approved Helmets and Little League approved bats are also provided to each team.

The EWGLL Equipment Manager in conjunction with the EWGLL Safety Officer are required to ensure that all Managers/Coaches strictly enforce the proper use of all safety related equipment with each and every player under their supervision. Failure to enforce the equipment safety protocol will result in EWGLL Board review.

B. General inspection.

Managers are required to continually inspect their equipment and report any deficiencies to the Vice President of their league who will relay the message to the Equipment Manager and Safety Officer. Managers and Coaches are also required to inspect player provided equipment for proper Little League compliance and safety compliance.

C. Inspection before each game.

Umpires must inspect team and players' personal equipment for damage. Umpires must ensure that all equipment meets Little League regulations. Umpires are to confirm with team Managers that players under their supervision are properly equipped prior to the start of each game. Managers and coaches must inspect their team's and their players' personal equipment for damage. Managers and coaches must ensure that all equipment meets Little League regulations.

1. Team equipment.

- Shin guards are in good condition and fit properly.
- Face masks are in good condition and fit properly.
- Throat protectors are in good condition and properly secured.
- Chest protectors are in good condition and fit properly.
- Catcher's mitt is in good condition.
- Batting helmets are in good condition and fit properly.
- Bats are in good condition and conform to Little League specifications.

2. Players' equipment.

- Batting helmets are in good condition and fit properly.
- No jewelry is allowed with the exception of medical ID bracelets
- Bats are in good condition.
- Footwear is in safe condition.
- Protective cups are being worn by catchers.

D. Games and Practices

It is the responsibility of Managers, Coaches, Players, Parents and Spectators to make sure the equipment is stored properly and securely during games and practices.

- All team equipment must be stored within the team dugout and not within the area defined by the umpire as "in play"
- Batters must wear approved protective helmets during batting practice and games.
- Catcher's must wear a catcher's helmet when ever warming up a pitcher, before and during a game and at all practices.
- Players are not allowed to wear watches, rings, earrings, pins or any other jewelry during practice or games.
- Parents of players who wear glasses will be encouraged to provide safety glasses.
- On deck batters are not permitted.
- Managers and Coaches are not permitted to warm up pitchers during games.

6. Exeter-West Greenwich Little League Facilities.

A. Fields.

1. Exeter-West Greenwich Little League Complex is located at 100 Victory Highway in Exeter, across from Wawaloam Elementary School. The complex contains one lite Major League Field, one Minor League Field, a lite Senior League Field and a T-Ball field. Pets are not permitted on our fields at any time.

B. Field and Game Safety.

All umpires, managers, and coaches are required to walk the fields for hazards before use. They are to look for rocks, glass, debris, holes, trip hazards and any other hazardous conditions. Managers and coaches are responsible for checking the condition of the field, the dugouts, all safety equipment, and the spectator area before each game. All board members on duty are responsible for checking and monitoring the condition of the spectator area before and during each game.

1. Field.

- Infield and Outfield is hazerdous free
- Bases are secure and in good condition
- Pitcher's mound is in good condition.
- Batter's box is level and marked
- All fences are in good condition.
- Dugouts are clean and free from debris.

2. Spectator area.

- Bleachers are in good condition.
- Safety railings are in good condition.
- Parking area safety.
- Any protective netting is in good condition.
- All trash is placed in trash cans.

3. Game Play

- Players and Spectators should be alert and watching the batter at all times.
- Only Players, Managers & Coaches are allowed on the playing field.
- At no time should "horse playing" be permitted on the playing field.
- No games or practices will take place when weather or field conditions are not good, games called due to poor weather conditions will be made by the President prior to the start of a game and by the Umpire once a game has started.

4. Weather (Lightning)

- Clues of inclement weather include: increased wind, flashes of lightning, sound of thunder, static on radio.

- The league has a lightning detector located in the concession stand, if lightning is detected within XX miles games and/or practices should be stopped immediately.
- Players, coaches and spectators should proceed directly to an automobile.
- Players are not to wait out a storm in the dugout or the concession stand.

5. 2011 Annual Little League Facility Survey Requirement.

The EWGLL Field Maintenance Committee and/or the EWGLL Safety Officer are responsible for completing the 2011 Annual Little League Facility Survey. A copy of the 2011 Annual Little League Facility Survey will be submitted online at <http://facilitysurvey.musco.com>

6. Other Safety activities followed by EWGLL:

- All fields are equipped with disengageable bases
- All fields have a warning track along the outfield fence.
- Fence tops are equipped with protective fence caps
- The concession stand is equipped with an automatic external defibrillator (AED), training occurs during our first aid training during the March managers meeting.
- The concession stand has an electronic weather detector to alert of approaching storms.
- Cones are placed along the street to control the speed and flow of traffic.

C. Bikes, skateboards, and roller blades.

Skateboarding and the use of “roller blades” is prohibited at the field complex.

Cyclists should be asked to walk their bikes while at the complex.

D. Concession stand.

1. Hand washing.

Frequent and thorough hand washing remains the first line of defense in preventing food borne disease. The use of disposable gloves can provide an additional barrier to contamination, but they are no substitute for hand washing.

2. Health and hygiene.

Only healthy workers should prepare and serve food. Anyone who shows symptoms of disease (nausea, fever, vomiting, diarrhea, etc.) or who has open sores or infected cuts on the hands should not be allowed in the food concession area. Workers should wear clean outer garments and should not smoke in the concession area. The use of hair restraints is recommended to prevent hair ending up in food products.

3. Food handling.

Avoid hand contact with raw, ready-to-eat foods and food contact surfaces. Use an acceptable dispensing utensil to serve food. Touching food with bare hands can transfer germs to food.

4. Safety

Exeter-West Greenwich Little League requires all players parents/guardians to volunteer in the concession stand during the course of the season.

- Concession workers must be 18 years old to work in the cooking area.
- Volunteers should know where the fire extinguishers are in the stand.
- Never put water on a grease fire.
- Clean up all spills thoroughly to prevent falls, accidents and bugs.
- Opening and Closing procedures are posted on the fridge.
- The volunteer member of the league will complete, at the leagues expense, the State of Rhode Island's Food Safety Manager Certification course offered on-line.

7. Little League rules.

- Most Little League rules have some basis in safety.
- Managers and coaches are required to follow and enforce all the Little League rules at practices and games.
- Managers and coaches must ensure that their players have the required equipment at all times, even catchers warming up during infield.
- Managers and coaches are not allowed to catch pitchers during practices or warm up during games.
- Managers and coaches must ensure disengagable bases are in use at all fields.

8. Volunteers.

All Managers, coaches, board members, and all other persons, volunteers or hired workers, who provide regular service to the league and/or who have repetitive access to or contact with players or teams, must provide the league with a completed 2011 Little League Volunteer Application and a copy of their valid driver's license or other government issued photo identification for verification.

Using the 2011 Little League Volunteer Applications, Exeter-West Greenwich Little League conducts a background check through resources provided by Little League International. Exeter-West Greenwich Little League will not allow any person to perform in a volunteer role without successful completion of the Volunteer Application and subsequent Background check. The league president retains the forms for the year of service. A copy of the 2011 Little League Volunteer Application is contained in the appendix to this plan.

9. Communication with league families.

All families are informed of league news through the use of the Exeter-West Greenwich Little League website (www.ewgll.org), which is updated several times per week. Notifications, updates and announcements are also sent out through the leagues email system.

Appendix

Little League Baseball Volunteer Application

<http://ewgll.org/upls/VolunteerApp2011.pdf>

Little League Baseball Incident/Injury Tracking Report

http://ewgll.org/upls/Incident-Injury_Tracking_Form2011.pdf

Little League Baseball Medical Release Form

http://ewgll.org/upls/Medical_Release_Form2011.pdf

EWG Little League Parental Code of Conduct Form

http://www.littleleague.org/Assets/forms_pubs/asap/AccidentClaimFormInstructions.pdf

EWG Little League House Rules

<http://ewgll.org/upls/EWG%20LL%20House%20Rules%202010.pdf>

A copy of this Safety Awareness Plan, the Safety Awareness Newsletter and any ASAP News will be posted in the concession stand. A copy of this Plan is also available on our website at www.ewgll.org or a copy can be obtained by contacting our Safety Officer.

